

2011/2012 GSI swimming Calendar

					SSC Closing Date
MEET 1	Time Trial (odd)	Sunday 9/10/11	Hosted by SGB	Venue: Haileybury 50m Indoor Pool	28th Sept
MEET 2	Open Interclub "Con Amalos Shield" (odd)	Sunday 23/10/11	Morwell	Morwell Leisure Centre 25m Indoor Pool	12th October
MEET 3	Col Ramsay Open Interclub (even)	Sunday 6/11/11	Warragul	Warragul 25m Indoor	26th October
MEET 4	Duel in the Pool	Sunday 13/11/11	Traralgon	Morwell Leisure Centre 25m Indoor Pool	2nd Nov
MEET 5	Time Trial (odd)	Sunday 20/11/11	Morwell	Morwell Leisure Centre 25m Indoor Pool	9th November
MEET 6	TOM OSBORNE Time Trial (even)	Saturday 26/11/11	SALE	Sale Outdoor 50m Pool	16th November
MEET 7	Country Qualifying Time Trail (odd)	Saturday 3/12/11	EGWD	Sale 50m Outdoor	23rd November
MEET 8	Open Interclub (even)	Sunday 10/12/11	GSI	Sale 50m Outdoor Pool	30th November
MEET 9	Time Trial (even)	Saturday 14/01/12	Traralgon	Traralgon 50m Outdoor	14th December
	Victorian Country Championships	21 - 23 January		Bendigo Aquatic Centre	
MEET 10	Open Interclub (odd)	Saturday 28/01/12	Sale	Sale 50m Outdoor Pool	18th January
Meet 11	Time Trial (odd)	Saturday 4/02/12	Bairnsdale	Bairnsdale 50M Outdoor Pool	25th January
Meet 12	All Junior	Saturday 18/02/12	Moe ~ hosted by War	Moe 50m Outdoor	8th February
MEET 13	Open Interclub (odd)	Sunday 26/02/12	Traralgon	Traralgon 50m Outdoor	15th February
	GIPPSLAND CHAMPIONSHIPS	Sat 10 March - Mon 12 March	Traralgon / GSI	Sale 50m Outdoor	15th February

Recommended Qualifying Times for Open 100 and 200m Events in 2011/12

In an effort to allow swimmers every opportunity to attempt longer distances and achieve Qualifying times for competition outside Gippsland, Qualifying Times have been eliminated from the Gippsland Program for all meets except the Gippsland Championships and 400m and longer events.

Parents and coaches are asked to be mindful of swimmer's capability in swimming longer distances and bear in mind the following 'recommended' times before entering children in events. These times are the Open QT used in the Gippsland Championships and are generous.

The elimination of qualifying times is being trialled in the district this year to determine whether it lengthens the meets or simply increases participation and opportunities.

	Female	Male
100 Free	1:20.00	1:15.00
200 Free	3:00.00	2:50.00
100 Back	1:40.00	1:28.00
200 Back	3:30.00	3:20.00
100 Breast	1:50.00	1:45.00
200 Breast	3:50.00	3:45.00
100 Fly	1:40.00	1:30.00
200 Fly	4:00.00	3:55.00
200 IM	3:30.00	3:25.00
400 Free	6:15.00	6:00.00
400 IM	6:15.00	6:00.00

MEET 1
Time Trial (odd)
Sunday 9/10/11
Hosted by SGB
Venue: Haileybury 50m Indoor Pool

Program to be confirmed

GIRLS EVENT

BOYS EVENT

1. Open	200M Butterfly	2.
3. 11 & Under	50M Breaststroke	4.
5. 12 & Over	50M Breaststroke	6.
7. 11 & Under	100M Backstroke	8.
9. 12 & Over	100M Freestyle	10.
11. 11 & Under	50M Backstroke	12.
13. 12 & Over	50M Butterfly	14.
15. 11 & Under	50M Butterfly	16.
17. Open	200M Freestyle	18.
19. 12 & Over	100M Breaststroke	20.
21. 11 & Under	100M Freestyle	22.
23. 12 & Over	200M Individual Medley	24.

BREAK

Choose one option in events 25 to 28

25. Open	400M Individual Medley	26
27. Open	400M Freestyle	28.
29. 11 & Under	200M Individual Medley	30.
31. 12 & Over	50M Backstroke	32
33. 11 & Under	100M Breaststroke	34.
35. 12 & Over	50M Freestyle	36.
37. Open	200M Backstroke	38
39. 11 & Under	100M Butterfly	40.
41. 12 & Over	100M Butterfly	42.
43. 11 & Under	50M Freestyle	44.
45. 12 & Over	100M Backstroke	46.
47. Open	200M Breaststroke	48

OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

TIME TRIAL CONDITIONS:

1. Ribbons presented to Male and Female first 3 places in Odd Age Groups only: 7 & Under, 8/9, 10/11, 12/13, 14/15, 16/17, 18 & Over
2. Swimmers may choose one swim only in events 25 - 28
3. Scoring Open and Interclub points

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee \$10 Incl MAP Levy
2. Entries close with Team manager Linda Poland 28th Sept please compete entry envelope and Include money.

**SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU
MAY START IN THE WATER**

MEET 2
Open Interclub "Con Amalos Shield" (odd)
Sunday 23/10/11
Morwell

Morwell Leisure Centre 25m Indoor Pool

McDonald Street Ph 51339900

GIRLS EVENT

BOYS EVENT

1.	Open	100m	Breaststroke	2.
3.	7 & Under	25M	Butterfly	4.
5.	10/11 Years	50M	Breaststroke	6.
7.	14/15 Years	50M	Backstroke	8.
9.	16 & Over	50M	Breaststroke	10.
11.	12/13 Years	50M	Butterfly	12.
13.	9 & Under	50M	Butterfly	14.
15.	Open	100M	Freestyle	16.
17.	7 & Under	50M	Freestyle	18.
19.	14 & Over	100M	Individual Medley	20.
21.	25 & Over	50m	Freestyle	22.
23.	10/11 Years	50M	Backstroke	24.
25.	14/15 Years	50M	Breaststroke	26.
27.	16 & Over	50M	Butterfly	28.
29.	12/13 Years	50M	Freestyle	30.
31.	8/9 Years	50M	Backstroke	32.
33.	14 & Under	4x 50	Medley Relay	34.
35.	10 & Under	4 x 50	Freestyle Relay	36.

B R E A K

37.	7 & Under	25M	Breaststroke	38.
39.	13 & Under	100M	Individual Medley	40.
41.	Open	100M	Backstroke	42.
43.	10/11 Years	50M	Freestyle	44.
45.	14/15 Years	50M	Butterfly	46.
47.	16 & Over	50M	Freestyle	48.
49.	12/13 Years	50M	Backstroke	50.
51.	8/9 Years	50M	Freestyle	52.
53.	Open	100M	Butterfly	54.
55.	7 & Under	50M	Backstroke	56.
57.	10/11 Years	50M	Butterfly	58.
59.	14/15 Years	50M	Freestyle	60.
61.	16 & Over	50M	Backstroke	62.
63.	9 & Under	50M	Breaststroke	64.
65.	12/13 Years	50M	Breaststroke	66.
67.	14 & Under	4 x 50	Freestyle Relay	68.
69.	Open	4 x 100	Freestyle Relay	70.

OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee \$10 Incl MAP Levy
2. No limit on relay teams, but only two team per club eligible for points/ribbons.
3. Clubs may combine to form teams if insufficient numbers. Ribbons provided however no points allocated for combined Teams.
4. Entries close with SSC Team Manager Linda Poland by the 12th October, please complete entry envelope and include money.
5. Competitors in 7 & under age group may do either the 7 & under 25m breaststroke or the 9 & less than 50m breaststroke but not both. The same applies in the butterfly events.
6. Con Amalos Shield awarded on Interclub Points.

SWIMMERS PLEASE NOTE: IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

MEET 3
Col Ramsay Open Interclub (even)
Sunday 6/11/11
Warragul

Warragul 25m Indoor

Burke St 56234017

GIRLS EVENT

BOYS EVENT

1.	Open	100M	Backstroke	2.
3.	9/10 Years	50M	Butterfly	4.
5.	13/14 Years	50M	Breaststroke	6.
7.	15/16 Years	50M	Butterfly	8.
9.	17&Over	50M	Freestyle	10
11.	11/12 Years	50M	Breaststroke	12.
13.	8 & Under	50M	Backstroke	14.
15.	25 & Over	50m	Freestyle	16
17.	Open	100M	Breaststroke	18.
19.	9/10 Years	50M	Freestyle	20.
21.	13/14 Years	50M	Backstroke	22.
23.	15/16 Years	50M	Backstroke	24.
25.	17&Over	50M	Breaststroke	26.
27.	11/12 Years	50M	Butterfly	28.
29.	8 & Under	50M	Butterfly	30.
31.	Open	200M	Freestyle	32.
B R E A K				
33.	10 & Under	4x50	Freestyle Relay	34.
35.	14 & Under	4x50	Medley Relay	36.
37.	15 & Over	4x50	Freestyle Relay	38.
39.	8 & Under	50M	Breaststroke	40.
41.	Open	100M	Butterfly	42
43.	9/10 Years	50M	Breaststroke	44
45.	13/14 Years	50M	Butterfly	46
47.	15/16 Years	50M	Breaststroke	48
49.	17&Over	50M	Butterfly	50.
51.	11/12 Years	50M	Freestyle	52.
53.	8 & Under	50M	Freestyle	54.
55.	Open	100M	Freestyle	56.
57.	9/10 Years	50M	Backstroke	58.
59.	13/14 Years	50M	Freestyle	60.
61.	15/16 Years	50M	Freestyle	62.
63.	17&Over	50M	Backstroke	64
65.	11/12 Years	50M	Backstroke	66.
67.	Open	100M	Individual Medley	68.

OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee \$10 Incl MAP Levy
2. Entries close with SSC Team Manager Linda Poland, 26th Oct, please complete entry envelope and include money.
3. Col Ramsay Shield awarded on Open Points.

RELAYS:

1. No limit on relay teams, but only two team per club eligible for points/ribbons.
2. Clubs may combine to form teams if insufficient numbers. Ribbons provided however no points allocated for combined Teams.
3. Relay Entries on the day close at the completion of Event 24
4. Relay Points go to Relay Shield.

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY

START IN THE WATER

MEET 4

Duel in the Pool

Sunday 13/11/11

Traralgon

Morwell Leisure Centre 25m Indoor Pool

McDonald Street Ph 51339900

GIRLS EVENT

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|-----|---------------------------|
| 1. | 15/under 50m Butterfly |
| 3. | 16/over 50m Butterfly |
| 5. | 13/under 50m Butterfly |
| 7. | 11/under 50m Butterfly |
| 9. | 9/under 50m Butterfly |
| 11. | Special Event 1 |
| 13. | 15/under 50m Backstroke |
| 15. | 16/over 50m Backstroke |
| 17. | 13/under 50m Backstroke |
| 19. | 11/under 50m Backstroke |
| 21. | 9/under 50m Backstroke |
| 23. | Special Event 2 |
| 25. | 15/under 50m Breaststroke |
| 27. | 16/over 50m Breaststroke |
| 29. | 13/under 50m Breaststroke |
| 31. | 11/under 50m Breaststroke |
| 33. | 9/under 50m Breaststroke |
| 35. | Special Event 3 |
| 37. | 15/under 50m Freestyle |
| 39. | 16/over 50m Freestyle |
| 41. | 13/under 50m Freestyle |
| 43. | 11/under 50m Freestyle |
| 45. | 9/under 50m Freestyle |
| 46. | Special Event 4 |

BOYS EVENT

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| 44. |
| 47. |

OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

1. Swimmers compete as members of teams – Orange, Green, Blue and Yellow – rather than as members of Gippsland teams. Teams are selected based on entries with attention given to even teams.
2. Team captains will be chosen based on entries.
3. Entries as usual through TM format – file on GSI website to download. Swimmers enter only form events; times are essential.
4. Teams, Team Captains and Coaches named on GSI website. Swimmers will be given caps corresponding to their team. Swimmers may not wear racing suits, jammers, etc. Only standard training bathers may be worn.
5. Point scores for form strokes – 22 for 1st, 18 for 2nd down to 2 for 10th
6. Points for Special Events – 1st 100pts, 2nd 60pts, 3rd 40pts, 4th 20pts.
7. Meet begins at 11:00/11:30 with swimmers required at the pool by 9:30 for team meetings and strategy session with coaches and team captains.
8. Meet entry \$10.00
9. Meet entries due with SSC Team Manager Linda Poland by the 2nd November, please complete entry envelope and include money.
10. DUEL IN THE POOL trophy engraved with winning Team Captains to remain at the Traralgon Swimming Club Rooms
11. Swimmers restricted to only two “Special Events” on behalf of their team
12. Special events to be announced – see GSI website

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

MEET 5
Time Trial (odd)
Sunday 20/11/11
Morwell

Morwell Leisure Centre 25m Indoor Pool

McDonald Street Ph 51339900

GIRLS EVENT

BOYS EVENT

1.	Open	200M Butterfly	2.
3.	11 & Under	50M Breaststroke	4.
5.	12 & Over	50M Breaststroke	6.
7.	11 & Under	100M Backstroke	8.
9.	12 & Over	100M Freestyle	10.
11.	11 & Under	50M Backstroke	12.
13.	12 & Over	50M Butterfly	14.
15.	11 & Under	50M Butterfly	16.
17.	Open	200M Freestyle	18.
19.	12 & Over	100M Breaststroke	20.
21.	11 & Under	100M Freestyle	22.
23.	12 & Over	200M Individual Medley	24.
BREAK			
25.	Open	4x50M Breaststroke Relay	26.
27.	11 & Under	200M Individual Medley	28.
29.	12 & Over	50M Backstroke	30.
31.	11 & Under	100M Breaststroke	32.
33.	12 & Over	50M Freestyle	34.
35.	Open	200M Backstroke	36.
37.	11 & Under	100M Butterfly	38.
39.	12 & Over	100M Butterfly	40.
41.	11 & Under	50M Freestyle	42.
43.	12 & Over	100M Backstroke	44.
45.	Open	200M Breaststroke	46.
47.	Open	4x50M Reverse Medley	48.

OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

TIME TRIAL CONDITIONS:

- Ribbons presented to Male and Female first 3 places in Odd Age Groups only: 7 & Under, 8/9, 10/11, 12/13, 14/15, 16/17, 18 & Over
- Event 47 swum in reverse order: Freestyle, Butterfly, Breaststroke, Backstroke (dive start)
- Scoring Open and Interclub points

Entry Conditions:

- Entry Process as defined at the front of Meet Programs. Meet Entry Fee \$10 Incl MAP Levy
- Entries close with SSC team manager Linda Poland by 9th November, please complete entry envelope and include money.

**SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU
MAY START IN THE WATER**

MEET 6
TOM OSBORNE Time Trial (even)
Saturday 26/11/11
Sale Outdoor Pool

Sale 50m Outdoor

Guthridge St 51423423

GIRLS EVENT

BOYS EVENT

1.	Open	200M Breaststroke	2.
3.	12 & Under	100 Backstroke	4.
5.	13 & Over	100M Freestyle	6.
7.	12 & Under	50M Butterfly	8.
9.	13 & Over	50M Butterfly	10.
11.	12 & Under	200M Individual Medley	12.
13.	Open	200M Backstroke	14.
15.	13 & Over	50M Breaststroke	16.
17.	12 & Under	50M Breaststroke	18.
19.	Open	200M Freestyle	20.
21.	13 & Over	100M Backstroke	22.
23.	12 & Under	100M Freestyle	24.
25.	13 & Over	200M Individual Medley	26.

BREAK

Choose one option in event 27-30

27.	Open	400M Individual Medley	28
29.	Open	400M Freestyle	30.
31.	12 & Under	50M Backstroke	32.
33.	13 & Over	50M Freestyle	34.
35.	12 & Under	100M Breaststroke	36.
37.	13 & Over	50M Backstroke	38.
39.	12 & Under	100M Butterfly	40
41.	13 & Over	100M Butterfly	42.
43.	12 & Under	50M Freestyle	44.
45.	13 & Over	100M Breaststroke	46.
47.	Open	200M Butterfly	48.

OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

TIME TRIAL CONDITIONS

1. Ribbons presented to Male and Female first 3 places in Even Age Groups only: 8 & Under, 9/10, 11/12, 13/14, 15/16, 17 & Over
2. Swimmers may choose one option in events 27 -30
3. Scoring Open and Interclub points
4. Tom Osborne Shield awarded on Interclub Points.

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee \$10 Incl MAP Levy
2. Entries close with SSC team manager Linda Poland by 16th November, please complete entry envelope and include money

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

MEET 7
Country Qualifying Time Trail (odd)
Saturday 3/12/11
EGWD

Sale 50m Outdoor

Guthridge St 51423423

GIRLS EVENT

BOYS EVENT

1.	Open	200M Butterfly	2.
3.	11 & Under	50M Breaststroke	4.
5.	12 & Over	50M Breaststroke	6.
7.	11 & Under	100M Backstroke	8.
9.	12 & Over	100M Freestyle	10.
11.	11 & Under	50M Backstroke	12.
13.	12 & Over	50M Butterfly	14.
15.	11 & Under	50M Butterfly	16.
17.	Open	200M Freestyle	18.
19.	12 & Over	100M Breaststroke	20.
21.	11 & Under	100M Freestyle	22.
23.	12 & Over	200M Individual Medley	24.
25.	11 & Under	4x50m Medley Relay	26.
27.	12 & Over	4x50m Medley Relay	28.

BREAK

Choose one option in events 25 to 28

29.	Open	400M Individual Medley	30.
31.	Open	400M Freestyle	32.
33.	11 & Under	200M Individual Medley	34.
35.	12 & Over	50M Backstroke	36.
37.	11 & Under	100M Breaststroke	38.
39.	12 & Over	50M Freestyle	40.
41.	Open	200M Backstroke	42.
43.	11 & Under	100M Butterfly	44.
45.	12 & Over	100M Butterfly	46.
47.	11 & Under	50M Freestyle	48.
49.	12 & Over	100M Backstroke	50.
51.	Open	200M Breaststroke	52.

OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

TIME TRIAL CONDITIONS:

1. Ribbons presented to Male and Female first 3 places in Odd Age Groups only: 7 & under, 8/9, 10/11, 12/13, 14/15, 16/17, 18 & Over
2. Swimmers may choose one swim only in events 29-32
3. Scoring Open and Interclub points

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee \$10 Incl MAP Levy
2. Entries close with SSC team manager Linda Poland by 23rd November, please complete entry envelope and include money

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY
START IN THE WATER

MEET 8
Open Interclub (even)
Sunday 10/12/11
GSI

Sale 50m Outdoor Pool

Guthridge St 51423423

GIRLS EVENT

BOYS EVENT

1.	Open	200M	Individual Medley	2.
3.	9/10 Years	50M	Freestyle	4.
5.	13/14 Years	50M	Butterfly	6.
7.	15 & Over	50M	Freestyle	8.
9.	11/12 Years	50M	Butterfly	10.
11.	8 & Under	50M	Breaststroke	12.
13.	Open	100M	Backstroke	14.
15.	9/10 Years	50M	Backstroke	16.
17.	13/14 Years	50M	Freestyle	18.
19.	15 & Over	50M	Backstroke	20.
21.	11/12 Years	50M	Freestyle	22.
23.	8 & Under	50M	Butterfly	24.
25.	Open	100M	Breaststroke	26.

BREAK

27.	10 & Under	4x50M	Freestyle Relay	28.
29.	14 & Under	4x50M	Freestyle Relay	30.
31.	15 & Over	4x50M	Medley Relay	32.
33.	9/10 Years	50M	Breaststroke	34.
35.	13/14 Years	50M	Backstroke	36.
37.	15 & Over	50M	Breaststroke	38.
39.	11/12 Years	50M	Breaststroke	40.
41.	8 & Under	50M	Freestyle	42.
43.	25 & Over	50m	Freestyle	44.
45.	Open	100M	Freestyle	46.
47.	9/10 Years	50M	Butterfly	48.
49.	13/14 Years	50M	Breaststroke	50.
51.	15 & Over	50M	Butterfly	52.
53.	11/12 Years	50M	Backstroke	54.
55.	8 & Under	50M	Backstroke	56.
57.	Open	100M	Butterfly	58.

OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee \$10 Incl MAP Levy
2. Entries close with SSC team manager Linda Poland by 30th November, please complete entry envelope and include money

RELAYS

1. No limit on relay teams, but only two team per club eligible for points/ribbons.
2. Clubs may combine to form relay Teams on the day if insufficient swimmer numbers to enter own Team. Ribbons provided however no points allocated for combined Teams
3. Relay Entries on the day close at the completion of Event 14

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

MEET 9
Time Trial (even)
Saturday 14/01/12
Traralgon

Traralgon 50m Outdoor

GIRLS EVENT

1.	Open	200M Breaststroke
3.	12 & Under	100 Backstroke
5.	13 & Over	100M Freestyle
7.	12 & Under	50M Butterfly
9.	13 & Over	50M Butterfly
11.	12 & Under	200M Individual Medley
13.	Open	200M Backstroke
15.	13 & Over	50M Breaststroke
17.	12 & Under	50M Breaststroke
19.	Open	200M Freestyle
21.	13 & Over	100M Backstroke
23.	12 & Under	100M Freestyle
25.	13 & Over	200M Individual Medley

BREAK

27.	Open	800m Freestyle
31	12 & Under	50M Backstroke
31.	13 & Over	100M Butterfly
33.	12 & Under	100M Breaststroke
35.	13 & Over	50M Backstroke
37.	Open	200M Butterfly
39.	12 & Under	50M Freestyle
41.	13 & Over	100M Breaststroke
43.	12 & Under	100M Butterfly
45.	13 & Over	50M Freestyle
47.	10 & Under	4x50M Freestyle Relay
49.	14 & Under	4x50M Freestyle Relay

Breed St 51763551

BOYS EVENT

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OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

TIME TRIAL CONDITIONS:

1. Ribbons presented to Male and Female first 3 places in Even Age Groups only: 8 & Under, 9/10, 11/12, 13/14, 15/16, 17 & Over
2. Scoring Open and Interclub points

Relays

1. No limit on relay teams, but only two team per club eligible for points/ribbons.
2. Clubs may combine to form relay Teams on the day if insufficient swimmer numbers to enter own Team. Ribbons provided however no points allocated for combined Teams
3. Relay points to Relay shield

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee \$10 Incl MAP Levy
2. Entries close with SSC team manager Linda Poland by 14th December, please complete entry envelope and include money

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

MEET 10

Open Interclub (odd) Saturday 28/01/12 Sale

Sale 50m Outdoor Pool

Guthridge St 51423423

GIRLS EVENT

1.	16/17 years	100M	Butterfly
3.	8/9 Years	50M	Freestyle
5.	12/13 Years	100M	Butterfly
7.	14/15 Years	100M	Freestyle
9.	18 & Over	50M	Freestyle
11.	10/11 Years	50M	Butterfly
13.	7 & Under	50M	Breaststroke
15.	16/17 years	100M	Backstroke
17.	8/9 Years	50M	Backstroke
19.	12/13 Years	100M	Freestyle
21.	14/15 Years	100M	Backstroke
23.	18 & Over	50M	Butterfly
25.	10/11 Years	50M	Freestyle
27.	7 & Under	50M	Butterfly

BOYS EVENT

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28.

Restricted entry to **just one** of the following 200m events:

29.	Open	200M	Backstroke	30.
31.	Open	200M	Freestyle	32.
33.	Open	200M	Breaststroke	34.

BREAK

35.	16/17 years	100M	Breaststroke	36.
37.	8/9 Years	50M	Breaststroke	38.
39.	12/13 Years	100M	Backstroke	40.
41.	14/15 Years	100M	Breaststroke	42.
43.	18 & Over	50M	Backstroke	44.
45.	10/11 Years	50M	Breaststroke	46.
47.	25 & Over	50M	Freestyle	48.
49.	7 & Under	50M	Freestyle	50.
51.	16/17 years	100M	Freestyle	52.
53.	8/9 Years	50M	Butterfly	54.
55.	10/11 Years	50M	Backstroke	56.
57.	12/13 Years	100M	Breaststroke	58.
59.	14/15 Years	100M	Butterfly	60.
61.	18 & Over	50M	Breaststroke	62.
63.	7 & Under	50M	Backstroke	64.

Restricted entry to **just one** of the following 200m events:

65.	Open	200M	Ind. Medley	66.
67.	Open	200M	Butterfly	68.

OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee \$10 Incl MAP Levy
2. Swimmers may choose one option in events 29 -34, 65 - 68
3. Entries close with SSC team manager Linda Poland by 18th January, please complete entry envelope and include money.

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

Meet 11
Time Trial (odd)
Saturday 4/02/12
Bairnsdale

Bairnsdale 50M Outdoor Pool

GIRLS EVENT

BOYS EVENT

1.	13 & Under	100M Backstroke
3.	14 & Over	100 Breaststroke
5.	13 & Under	50M Butterfly
7.	14 & Over	50M Freestyle
9.	13 & Under	200M Individual Medley
11.	14 & Over	100 Backstroke
13.	13 & Under	50M Breaststroke
15.	14 & Over	50M Butterfly
17.	13 & Under	100M Freestyle
19.	14 & Over	200M Individual Medley
21.	13 & Under	4 x 50M Medley Relay
23.	14 & Over	4 x 50M Freestyle Relay

2.
4.
6.
8.
10.
12.
14.
16.
18.
20.
22.
24.

BREAK

Choose one option in events 25 to 28

25.	OPEN	400M Individual Medley	26.
27.	OPEN	400M Freestyle	28.
29.	13 & Under	50M Backstroke	30.
31.	14 & Over	50M Breaststroke	32.
23.	13 & Under	100M Butterfly	34.
35.	14 & Over	100M Freestyle	36.
37.	13 & Under	200M Freestyle	38.
39.	14 & Over	50M Backstroke	40.
41.	13 & Under	100M Breaststroke	42.
33.	14 & Over	100M Butterfly	44.
45.	13 & Under	50M Freestyle	46.
47.	14 & Over	200M Freestyle	48.

OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

TIME TRIAL CONDITIONS:

1. Ribbons presented to Male and Female first 3 places in Odd Age Groups only: 7 & Under, 8/9, 10/11, 12/13, 14/15, 16 & Over
2. Scoring Open and Interclub points

RELAYS

4. No limit on relay teams, but only two team per club eligible for points/ribbons.
5. Clubs may combine to form relay Teams on the day if insufficient swimmer numbers to enter own Team. Ribbons provided however no points allocated for combined Teams
6. Relay points to Relay shield
7. Relays only awarded ribbons/points for stated age group ie: 13 & under and 14 & Over

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee \$10 Inc MAP Levy
2. Entries close with SSC team manager Linda Poland by 25th January, please complete entry envelope and include money.

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

Meet 12
All Junior
Saturday 18/02/12
Moe ~ hosted by Warragul

Moe 50m Outdoor

BOYS EVENT		GIRLS EVENT		BOYS EVENT		GIRLS EVENT	
1.	8 & Under	50m Butterfly	2.	39.	8 & Under	50m Breaststroke	40.
3.	9 Years	50m Butterfly	4.	41.	9 Years	50m Breaststroke	42.
5.	10 Years	50m Butterfly	6.	43.	10 Years	50m Breaststroke	44.
7.	11 Years	50m Butterfly	8.	45.	11 Years	50m Breaststroke	46.
9.	12 Years	50m Butterfly	10.	47.	12 Years	50m Breaststroke	48.
11.	13 Years	50m Butterfly	12.	49.	13 Years	50m Breaststroke	50.
13.	14 Years	50m Butterfly	14.	51.	14 Years	50m Breaststroke	52.
15.	15 & Over	50m Butterfly	16.	53.	15 & Over	50m Breaststroke	54.
17.	35 & Over	50m Butterfly	18.	55.	35 & Over	50m Breaststroke	56.
19.	MD 1. Mixed	50m Butterfly	57.	MD 3. Mixed	50m Breaststroke		
20.	8 & Under	50m Backstroke	21.	58.	8 & Under	50m Freestyle	59.
22.	9 Years	50m Backstroke	23.	60.	9 Years	50m Freestyle	61.
24.	10 Years	50m Backstroke	25.	62.	10 Years	50m Freestyle	63.
26.	11 Years	50m Backstroke	27.	64.	11 Years	50m Freestyle	65.
28.	12 Years	50m Backstroke	29.	66.	12 Years	50m Freestyle	67.
30.	13 Years	50m Backstroke	31.	68.	13 Years	50m Freestyle	69.
32.	14 Years	50m Backstroke	33.	70.	14 Years	50m Freestyle	71.
34.	15 & Over	50m Backstroke	35.	72.	15 & Over	50m Freestyle	73.
36.	35 & Over	50m Backstroke	37.	74.	35 & Over	50m Freestyle	75.
38.	MD 2. Mixed	50m Backstroke	76.	MD 4. Mixed	50m Freestyle		
			77.	Open	4 x 200m Freestyle Relay	78	

OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

At this meet swimmers may be offered the opportunity to swim at the Country All Junior Meet to be held at MSAC on 24 March 2012 for semi-finals and 25 March 2012 for finals.

All junior selection age as on 24 **March 2012**

Swimmers may apply for Stroke Proficiency Certificates (Proficiency, Intermediate, and Beginner) prior to or on the day through GSI Vice President and Proficiency Officer.

Inquire through Club Secretary.

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee \$10 Incl MAP Levy
2. **Age group for all swimmers including 15 & Over is age as at 18/02/12**
3. Entries close with SSC team manager Linda Poland by 8th February, please complete entry envelope and include money, Late entries not accepted

SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START IN THE WATER.

On 18th February at the Moe Outdoor Pool, the heats for All Junior will be held. For All Junior, swimmers compete in their own age group over 50 metres in each stroke. The fastest 5 swimmers in the district in each stroke will go on to compete in the Finals in Melbourne on March 17

Swimmers may also apply for 'Proficiency Certificates' in conjunction with All Junior entries.

Proficiency Certificates are available as follows:

- Elementary - shows competence in 50m of both Freestyle and Backstroke
- Intermediate - shows competency in 50m of Freestyle, Backstroke and Breaststroke or Butterfly
- Proficiency - shows competency in 50m of Freestyle, Backstroke, Breaststroke and Butterfly

Swimmers do not need to achieve specific times to qualify for Proficiency certificates; they need only complete the distance with correct technique. The highest award may be applied for without attaining the lower awards.

Costs for Proficiency certificates is \$1.00.

Clubs will be forwarded a form to be filled in with the names of the swimmers wishing to apply for proficiency certificates. This form and the cheque written to **Gippsland Swimming Inc** may be presented to GSI Vice President and Proficiency Officer, by the closing date of the All Junior Swim Meet, 18 February 2012

MEET 13
Open Interclub (odd)
Sunday 26/02/12
Traralgon

Traralgon 50m Outdoor

Breed St 51763551

GIRLS EVENT

BOYS EVENT

1.	Open	200M Butterfly	2.
3.	12 & Under	50M Breaststroke	4.
5.	13 & Over	50M Breaststroke	6.
7.	12 & Under	100M Backstroke	8.
9.	13 & Over	100M Freestyle	10.
11.	12 & Under	50M Backstroke	12.
13.	13 & Over	50M Butterfly	14.
15.	12 & Under	50M Butterfly	16.
17.	Open	200M Backstroke	18.
19.	13 & Over	100M Breaststroke	20.
21.	12 & Under	100M Freestyle	22.
23.	13 & Over	200M Individual Medley	24.
		BREAK	
25.	Open	400M Freestyle	26.
27.	12 & Under	200M Individual Medley	28.
29.	13 & Over	50M Backstroke	30.
31.	12 & Under	100M Breaststroke	32.
33.	13 & Over	50M Freestyle	34.
35.	Open	200M Breaststroke	36.
37.	12 & Under	100M Butterfly	38.
39.	13 & Over	100M Butterfly	40.
41.	12 & Under	50M Freestyle	42.
43.	13 & Over	100M Backstroke	44.
45.	Open	200M Freestyle	46.

OFFICIALS 10am, MARSHALLING 10.15am, COMMENCES 10.30am.

TIME TRIAL CONDITIONS:

1 Ribbons presented to Male and Female first 3 places in Even Age Groups only: 8 & under, 9/10, 11/12, 13/14, 15/16, 17 & Over

2. Scoring Open and Interclub points

Entry Conditions:

1. Entry Process as defined at the front of Meet Programs. Meet Entry Fee \$10 Incl MAP Levy
2. Entries close with SSC team manager Linda Poland by 15th February, please complete entry envelope and include money

**SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU
MAY START IN THE WATER**

INTERNATIONAL POWER Loy Yang B MITSUI & CO. GIPPSLAND CHAMPIONSHIPS

DAY 1
Saturday 10/03/12

Sale 50m Outdoor
GIRLS EVENT

Guthridge St 51423423
BOYS EVENT

1.	Multi-Disability	50M	Freestyle	2.
3.	35 & Over	50M	Freestyle	4.
5.	Open	200M	Breaststroke	6.
Q.TIMES Girls 3:50, Boys 3:45				
7.	13/14 Years	200M	Freestyle	8.
9.	11/12 Years	200M	Ind. Medley	10.
11.	15/16 Years	100M	Butterfly	12.
13.	17 & Over	50M	Butterfly	14.
15.	8 & Under	50M	Breaststroke	16.
17.	Open	400M	Freestyle	18.
Q.TIMES Girls 6:15, Boys 6:00				
19.	11/12 Years	100M	Freestyle	20.
21.	13/14 Years	100M	Breaststroke	22.
23.	15/16 Years	200M	Freestyle	24.
25.	17 & Over	50M	Backstroke	26.
27.	9/10 Years	50M	Backstroke	28.
29.	Open	200M	Butterfly	30.
Q.TIMES Girls 4:00, Boys 3:55				
31.	13/14 Years	100M	Backstroke	32.
33.	17 & Over	4X50M	Medley Relay	34.
35.	10 & Under	4x50M	Freestyle Relay	36.
37.	16 & Under	4x50M	Freestyle Relay	38.
39.	12 & Under	4x50M	Medley Relay	40.
41.	Open	4x100M	Medley Relay	42.

OFFICIALS 8:30 a.m., MARSHALLING 8:45 a.m., COMMENCES 9.00 a.m.

Entry Conditions

1. Entries on SVI Entry Forms or GSI Gippsland Championship Summary Sheet: both available at GSI website "forms";
2. Individual Entries \$6 per event (incl \$1 MAP levy);
3. Relay Entries \$10 per entry;
4. Entries close **SSC team manager Linda Poland by 15th February, please complete 'GSI Gippsland Championship Summary Sheet' available at GSI website 'forms tab'; and include money;**
5. Entries regulated by By-Laws Section G.

FINALS PLANNED TO START AT 3.00pm

**SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY START
IN THE WATER.**

**INTERNATIONAL POWER Loy Yang B MITSUI & CO.
GIPPSLAND CHAMPIONSHIPS
DAY 2
Sunday 11/03/12**

Sale 50m Outdoor

Guthridge St 51423423

GIRLS EVENT

BOYS EVENT

43.	12 & Under	200M	Freestyle	44.
45.	Open	200M	Backstroke	46.
Q.TIMES Girls 3:30, Boys 3:20				
47.	8 & Under	50M	Freestyle	48.
49.	9/10 Years	50M	Freestyle	50.
51.	17 & Over	50M	Breaststroke	52.
53.	Multi-Disability	50M	Backstroke	54.
55.	13/14 Years	100M	Butterfly	56.
57.	Open	100M	Freestyle	58.
Q.TIMES Girls 1:20, Boys 1:15				
59.	15/16 Years	100M	Backstroke	60.
61.	11/12 Years	100M	Breaststroke	62.
63.	Open	400M	Ind. Medley	64.
Q.TIMES Girls 6:15, Boys 6:00				
65.	8 & Under	50M	Backstroke	66.
67.	9/10 Years	50M	Butterfly	68.
69.	17 & Over	50M	Freestyle	70.
71.	15/16 Years	100M	Freestyle	72.
73.	13/14 Years	200M	Ind. Medley	74.
75.	Open	100M	Breaststroke	76.
Q.TIMES Girls 1:50, Boys 1:45				
77.	8 & Under	4x50M	Freestyle Relay	78.
79.	12 & Under	4x50M	Freestyle Relay	80.
81.	16 & Under	4x50M	Medley Relay	82.
83.	14 & Under	4x50M	Medley Relay	84.
85.	17 & Over	4x50M	Freestyle Relay	86.

OFFICIALS 8:30 a.m., MARSHALLING 8:45 a.m., COMMENCES 9.00 a.m.

FINALS PLANNED TO START AT 3.00pm

**SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY
START IN THE WATER.**

**INTERNATIONAL POWER Loy Yang B MITSUI & CO.
GIPPSLAND CHAMPIONSHIPS
DAY 3
Monday 12/03/12**

Sale 50m Outdoor

Guthridge St 51423423

GIRLS EVENT

BOYS EVENT

87.	Multi-Disability	50M	Butterfly	88.
89.	Open	100M	Butterfly	90.
Q.TIMES Girls 1:40, Boys 1:30				
91.	10 & Under	200M	Ind. Medley	92.
93.	11/12 Years	100M	Backstroke	94.
95.	15/16 Years	200M	Ind. Medley	96.
97.	17 & Over	200M	Ind. Medley	98.
99.	13/14 Years	100M	Freestyle	100.
101.	9/10 Years	50M	Breaststroke	102.
103.	Open	200M	Individual Medley	104.
Q.TIMES Girls 3:30, Boys 3:25				
105.	25 & Over	50M	Freestyle	106.
107.	8 & Under	50M	Butterfly	108.
109.	Multi Disability	50M	Breaststroke	110.
111.	Open	100M	Backstroke	112.
Q.TIMES Girls 1:35, Boys 1:28				
113.	11/12 Years	100M	Butterfly	114.
115.	15/16 Years	100M	Breaststroke	116.
117.	Open	200M	Freestyle	118.
Q.TIMES Girls 3:00, Boys 2:50				
119.	14 & Under	4x50M	Freestyle Relay	120.
121.	10 & Under	4x50M	Medley Relay	122.
123.	Open	4x100M	Freestyle Relay	124.

OFFICIALS 8:30 a.m., MARSHALLING 8:45 a.m., COMMENCES 9.00 a.m.

FINALS PLANNED TO START AT 2.00pm

**SWIMMERS PLEASE NOTE THAT IF YOU DON'T FEEL SAFE DIVING IN YOU MAY
START IN THE WATER.**