Seasonal goal for this event: m FREESTYLE

Date	Meet/Venue	Time	S/L	Comments

Seasonal goal for this event: m FREESTYLE

Date	Meet/Venue	Time	S/L	Comments

Seasonal goal for this event: m BACKSTROKE

Date	Meet/Venue	Time	S/L	Comments

Seasonal goal for this event: m BACKSTROKE

Date	Meet/Venue	Time	S/L	Comments

Seasonal goal for this event:		m		BREASTSTROKE
Date	Meet/Venue	Time	S/L	Comments

Seasonal goal for this event:		m		BREASTSTROKE
Date	Meet/Venue	Time	S/L	Comments

Seasonal goal for this event:		m		BUTTERFLY
Date	Meet/Venue	Time	S/L	Comments

Seasonal goal for this event:		m		BUTTERFLY
Date	Meet/Venue	Time	S/L	Comments

Seasonal goal for this event:		m		IM
Date	Meet/Venue	Time	S/L	Comments

Seasonal goal for this event:		m		IM
Date	Meet/Venue	Time	S/L	Comments

Seasonal goal for this event:		m		
Date	Meet/Venue	Time	S/L	Comments

Seasonal goal for this event:		m		
Date	Meet/Venue	Time	S/L	Comments