

**Happy Australia Day to all swimmers and families,
Congratulations to our Countries team have just returned from the 2012 Long Course
Country Championships in Bendigo last weekend.**

**These Championships were very exciting for the club with our swimmers returning
with nine medals in total including:**

**2 Gold,
4 Silver
and 3 Bronze!**

And a total of 39 PB's recorded for the weekend.

**Day one finals were a fantastic start to the meet with a total of 4 finals for 4 medals - 1
gold, 1 silver and 2 bronze medals!**

**Day two provided more excitement with 2 silver medals and to cap off the fantastic meet
we finished day 3 with gold, silver and bronze medals.**

**Birthday celebrations were in full swing over the weekend with Coach Donna turning
40 and also Megan Keil celebrating her birthday yesterday.**

**Thank you to Darren and Rod who organized a fantastic "Last Chance PB BBQ" for
the last night hosting in excess of 65 swimmers and families for a well-deserved
celebration of our swimmers achievements over the weekend.**

**To all involved, from Coaches, Swimmers, Team Manager Linda, Committee
Members, Parents, Siblings, Grand Parents & supporters, thank you all for a fantastic
weekend and awesome Sale Swimming club spirit!**

Team Manager Linda Poland is happy to accept late entries for Meet 11 – hosted by East Gippsland Water Dragons at Bairnsdale. A reminder that all swimmers must swim 3 GSI summer meets to qualify for the Gippsland Championships. To date the following club members need 2 swims to qualify:

James Binotto, Samantha Binotto, Mietta Coles, Charlie Noble, Kiana Wedlock, Beau, James and Joshua Wisely. The following club members will qualify if they swim meet 10 this weekend:

Shauna Anderson, Ben Gordijn and Clare Brown Please see Linda Poland if you need to clarify this information.

Last chance reminder that the entries for the 2012 Victorian Sprint Championships close 30th January – entries are online and further details can be found at the Swimming Victoria website.

Please make sure you visit the Gippsland Swimming website and click on the D21 link for details on the upcoming Country Interdistrict competition – nominations close 29th January 2012. Each District is only allowed to send one representative to compete in each individual event. Male and Female 10 & under and 17 & over events consist of each stroke over 50 metres. Male and Female events in the age groups 11/12, 13/14 years and 15/16 years are swum over 100 metres in each stroke. One team is entered in each of the Freestyle and Medley Relays which are swum over 200 metres (4 x 50m) for male and female age groups 10 & under, 11/12, 13/14, 15/16 and 17 & over. One team is also entered in the Open Freestyle and Medley Relays which are swum over 400 metres (4 x 100m).

**** Please note that transportation of selected swimmers to and from the Victorian Country Interdistrict Competition will be by team bus. Swimmers should ensure they have selected a bus pick up point on the Victorian Country Interdistrict Competition Availability Form. ****

Upcoming Events and Reminders:

Date	Event	Venue and Info
Saturday 28 th January 2012	GSI Meet 10 Open Interclub	Sale Outdoor Pool Please arrive by 9am to assist with tent set up. Warm up is at 9.30am.
Saturday 4 th February	GSI Meet 11 Time Trial Bairnsdale	Bairnsdale Outdoor Pool Linda is happy to accept late entries!
11 & 12 th February	2012 Victorian Sprint Championships	MSAC Outdoor Pool Entries are online and close 30 th January. Refer to Swimming Victoria website for further details.
Saturday 18 th February	GSI Meet 12 <i>ALL JUNIOR Qualifying Meet</i> Hosted by Warragul @ Moe	MOE OUTDOOR POOL Entries to AMCAL or Linda by 8 th February
Tuesday 21 st February 2012	SSC Committee Meeting	7pm Club Rooms – all welcome!
Saturday 25 th February 2012	Victorian Inter District Competition	MSAC – see details on Gippsland Swimming website Nominations close 29 th January 2012
Sunday 26 th February	GSI Meet 13 Open Interclub Traralgon	Traralgon Outdoor Pool Entries to AMCAL or Linda by 15 th February
10 th , 11 th & 12 th March	Gippsland Championships Hosted BY Traralgon @ Sale 100% Attendance by all Sale Swimmers!!	Sale Outdoor Pool Entries to AMCAL or Linda Poland by 15 th February

GSI MEET 10 – OPEN INTERCLUB HOSTED BY SALE SWIMMING CLUB

Sale Swimming Club is hosting this weekend's Open Interclub with another huge team of 31 swimmers competing this Saturday.

The Team Manager for the day is our Chief Team Manager, Linda Poland. Please check in with Linda upon your arrival at the pool, and inform her as soon as possible of your intention to scratch any events (or the whole Meet). Please let Linda know if you will not be at the Meet by 9:30am to avoid being scratched altogether. Linda's home number is 51447992 and mobile number is 0416510869.

As we are hosting the meet we need all hands on deck for assistance with various jobs during the day. Please see details below for the roster for Saturday:

Meet 10 Duties Roster Saturday 28/01/12 @ Sale

Open Interclub(odd)

***Duty Coach- Des Phillips**

***Team Manager-Linda Poland**

Entrance Gate

CASTLE WHYKES

Early Start – End of Session 1

Programme

CASTLE

Early Start - End of Session 1

Canteen

COLLEY

Session 1-

JEFFS

Session 1-

HUTCHINS

-

GORDIJN (Assist

during lunch break)

Session 2-

SMETHURST

-

GORDYN (Assist

during lunch break)

Session 2-

WILSON

BBQ

WHYKES & RAINEY

Time keepers

ANDERSON, GORDYN, GORDIJN, RAINEY

(rotating)

Assistant Marshals

Session 1-

HAYLOCK

Session 2-

PEACOCK

Event Board Minder

Session 1-

SHEPHERD

Session 2-

VAN BERKEL

Runners

Session 1-

BROWN

Session 2-

SPENCER

Assistant Recorder

Session 1-

MORRISON

Session 2-

TATTERSON

Families are requested to assist with set up at 9:00am.

All swimmers are required to wear their SSC uniform of their polo top, tracksuit, long jacket or shorts.

Supporters are also encouraged to wear a Sale polo top or royal blue! We will get together before the meet to sing our club chant, please support and encourage all team members!

GO SALE!!!!

UPCOMING COACHING COURSES

Swimming Victoria runs the Bronze Accreditation course, as well as the AUSTSWIM Teacher of Swimming and Water Safety, and the AUSTSWIM Teacher of Towards Competitive Strokes (Assistant Coaches).

The next round of courses is due to be on the 25th and 26th of February at St Michaels Grammar School. Swimming Victoria will be running all three of the above courses, please speak to our coaches for further information.

Kris Morrison

On behalf of Sale Swimming Club Inc. Committee